

LONG TERM CARE COORDINATING COUNCIL MINUTES

Guiding the development of an integrated network of home, community-based, and institutional services for older adults and adults with disabilities

DATE: THURSDAY, June 9, 2016

TIME: 1:00 p.m. to 3:00 p.m.

LOCATION: 170 Otis St.

1st floor, Born Auditorium

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- Present:** Akiko Takeshita, Anne Quaintance, Benson Nadell, Bill Hirsh, Cathy Spensley, Dan Kaplan, Eileen Kunz, Jennifer Walsh, Jeremy Wallenberg, Jessica Lehman, Kelly Dearman, Kelly Hiramoto, Mark Burns, Marie Jobling, Marlene Hunn, Mivic Hirose, Noah Lopez, Samantha Hogg, Sandy Mori, Shireen McSpadden, Traci Dobronravova, Victoria Tedder, Vince Crisostomo, Mark Burns,
- Absent:** Amie Haltman-Carson, Anne Romero, Bernadette Navarro-Simeon, Cathy Davis, Chip Supanich, Cindy Kauffman, Jacy Cohen, Jonathan Cheng, Margaret Baran, Ramona Davies, TJ Lee, Tom Ryan, Twima Earley, Valorie Villela
- Guests:** Rachel Fontenot, Teri Dowling, Brian Kim, Jennifer Carton Wade, Rose Johns, Susan Poor
- DAAS:** Valerie Coleman

WELCOME & INTRODUCTIONS

ROLL CALL – ATTENDANCE

ACTION

MOTION: That the LTCCC meeting minutes of May 2016 be approved.

VOTE: All in favor, with no changes.

ACTION

MOTION: to change the language of the protocol re: term limits

VOTE: All in favor, with no changes.

ACTION

MOTION: voted to nominate Austin Ord to the Health Systems & Hospitals position of the LTCCC

VOTE: All in favor.

PRESENTATION: Amsterdam Healthcare visit

Presenters: Shireen McSpadden and Anne Hinton

Motivation for this visit was the relationship with the Dutch Consulate and the Tech Council, and specifically the idea of replicating some of the Dutch models and innovations around senior services and to potentially bring these ideas back to SF. The team included Carla Johnson, Anne Hinton, Christine Ritchie, Dave Knego, Shireen McSpadden, and staff from Jewish Home and they had quite a packed agenda, with about 23 meetings and a number of evening events/meetings.

TAKE AWAYS:

- The Dutch have really taken on the issue of aging in community, which starts with the Ministry of Health (at the top) and is integrated at many levels.

- A theme throughout everything they saw was ensuring a community-based approach and asking people what they want.
- Netherlands is a lot smaller, easier to integrate considering socialized medicine but they also have private insurance, multiple payers, so it's not just a relationship between government and individual. There was the unique relationship of businesses, nonprofits, government and individuals/consumers working together towards solutions.
- When Anne asked what their "on time" rate was re; projects, was told it was 100%.
- Example of project: Older residents get travel support for a set number of trips within 260 miles of their home each year, which demonstrates awareness that family and social connection is important.
- The Dutch are using technology to connect drivers to consumers, recognition of the awareness that there is technology available to help with these sorts of challenges/needs.
- Example: Visited two examples of houses that were designed specifically for the post-acute population, with the design incorporating flexibility. For example, residents had the ability to pivot the sink, shower, etc. with everything having the option to be moved. Available for people to use after accident and then given the option to do home modifications within their own homes based on these apartments.
- Participants saw a number of public/private partnerships housing models for older adults. For example, one looked like traditional skilled nursing facility (SNF) but also had a café that's open to the public. One place visited had focused on changing the ways meals were delivered; the facility realized that meals are an essential aspect of residents' days so they brought in a chef so that the residents could participate or just watch. Discussion that this level of change may seem overwhelming and not possible, but there are examples of small tweaks that could make a significant difference.
- Participants also saw volunteers of all ages in all the facilities – one SNF had almost 200 volunteers. Anne asked staff about job satisfaction (considering that the pay was no different compared to more traditional SNF) but staff much preferred because they have opportunities to do things in other ways, like talk to residents about their history, which staff found satisfying and important.
- The Dutch have also done a lot of work around Alzheimer's, such as creating a village folks with Alzheimer's can move to. In addition to receiving typical care and services, it also has a grocery store, pub, theater, post office, beauty shop, and people move around with freedom like a real village. Houses were built for six people, had a completely secured perimeter and designed in a typical Dutch architecture. Also, the Farm was a community that also had a little working farm, allowing residences to have interactions with the animals, gardening, and farming, which may have been very beneficial for those who lived or had grown up in a rural or farm community.
- Amsterdam is an age friendly city and they have a focus on pink (aging friendly, pink friendly) in an effort to incorporate LGBT awareness. They had stopped directly addressing LGBT issues as there hadn't been an issue for so long, but recently brought it back because of the influx of immigrants and the difference of cultural understandings.
- Shireen: How can we use this information to really focus on two areas, developing senior vitality programs which Curry Senior Center is currently implementing. This is a pilot of a larger program the Dutch developed as a way to combat isolation, which involves giving older adults iPad's, teaching elders how to use them and are now assessing the impact. Tech Council is thinking about how to expand that program, based on Dave's results, which basically includes great anecdotal cases. BPHSS is trying to be very forward thinking about what the capacity of their new senior center can be and has potential to be a community space similar to ones seen in the Netherlands but are still missing a lot of resources to really integrate the center in the way they envision.

PRESENTATION: Tech Council

Presenters: Susan Poor, Anne Hinton, David Lindeman

See presentation attached.

PRESENTATION: Legislative Update

Presenter: Rick Appleby

Will be working with Valerie on a more strategic approach for the LTCCC, including a budget and policy calendar.

See attached document for overview of policy priorities.

Side Topics: Budget update in the next 2 weeks is really important, members still need to meet with Sup Cohen. Budget committee finishes work at end of June (last public hearing is on the 20th). There will be a rally outside

of city hall on 20th and public hearing starts at 10am. Budget probably will be wrapped up by June 22nd or 23rd. Question about phone calls, yes they do work. Request to do an add-back ask as handout, Anne Q is happy to do (get doc updated).
See attached document.

DISCUSSION: Mention of an LTCCC member retreat July 14th that will really focus on the process and structure of the LTCCC bodies. There will be more discussion about the retreat during the Steering Committee meeting.

GENERAL ANNOUNCEMENTS:

- Rally at City Hall on June 20th sometime during the morning, around the budget asks for seniors and adults with disabilities
- Project on pedestrian's with disabilities (including 3 town hall meetings) – ask Anne Q for copies or more info
- Friday, June 10th is the grand opening for Lighthouse for the Blind. Starts at 10am at City hall following a marching band from City Hall to new building
- Saturday June 18th IOA LGBT senior prom
- DAAS community training: there will be a special training in July with DAAS partnering with UCSF on June 27th 1:30-4:30 and the topic is mental health and aging and will be hosted at facility in Mission Bay (ask Rick Appleby for more info)

WORKGROUPS:

- ADF-SF – developing a task force to move forward the Age and Disability Friendly Plan; there will be an August meeting that celebrates and captures prior work for task force and will then include an update on next plan for the group; Oct 9th Sunday afternoon at Arc party, celebrate and free concert
- Housing – working on budget advocacy, supporting the affordable housing portal, meeting tomorrow 1pm Mercy Housing
- Nominations – new member, now a full LTCCC membership
- P&F – re-tooling (after middle income study) and will get back to group soon
- Dementia –
- HIV&Aging - \$75k from DAAS to study older adults with HIV

ADJOURNED at 3:00pm.

NEXT MEETING: Thursday, September 8th, 2016, 1:00 – 3:00pm

There is no July or August meeting.