

LONG TERM CARE COORDINATING COUNCIL

Guiding the development of an integrated network of home, community-based, and institutional services for older adults and adults with disabilities

DATE: THURSDAY, July 9, 2015

TIME: 1:00 p.m. to 3:00 p.m.

**LOCATION: 1 SOUTH VAN NESS AVENUE / MARKET
2ND FLOOR, ATRIUM CONFERENCE ROOM**

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- Present:** Amie Haltman-Carson, Shireen McSpadden for Anne Hinton, Anne Quaintance, Anne Romero, Bill Hirsh, Carla Johnson, Cathy Spensley, Cindy Kauffman, Dan Kaplan, Jacy Cohen, Jennifer Walsh, Jonathan Cheng, Kelly Dearman, Kelly Hiramoto, Margaret Baran, Marlene Hunn, Debbie Tam for Mivic Hirose, Ramona Davies, Sandy Mori, Traci Dobronravova, Valorie Villela, Victoria Tedder
- Absent:** Abbie Yant, Akiko Takeshita, Anna LeMon (Nina Maruyama), Benson Nadell, Cathy Davis, Eileen Kunz, Jessica Lehman, Ken Hornby, Marie Jobling, Moli Steinert, Tom Ryan, Twima Earley
- Guests:** Chip Supanich, Samantha Hogg, Erica Johnson, Rose Johns, Marcy Adelman, Beth MacLeod, Laura Grossman, Brenda Goldstein, Carnella Gordon-Brown, Edwin Batongbacal, Rick Crane, Jeremy Wallenberg
- DAAS:** Carrie Wong, Melissa McGee, Rick Appleby
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WELCOME & INTRODUCTIONS

ROLL CALL – ATTENDANCE

ACTION –

MOTION: That the LTCCC meeting minutes of May 14, 2015 be approved.

Vote: All in favor, with no changes.

ANNOUNCEMENTS –

Bill Hirsh shared city budget successes; including an increase to CLF, increase in cost of doing business, 2 million for food security effort. Food security funding is only for senior and persons with disabilities.

Rick Crane reminded group of internal assessment distributed via survey monkey. So far there has been 20% return, but need more and asked for members to please complete. Rick will also send again with a reminder.

Cindy encouraged members to complete as the SCAN Foundation wants the work done exactly as is written in grant, and this internal scan is included.

Marcy Adelman shared the budget success of including 200K for the LGBT education project.

Melissa distributed sheet for members to sign up to present meeting update to DAAS Commission. Sheet includes dates from August through December.

Cindy Kauffman shared information about the letter sponsored by calqualitycare.org, which is to encourage the foundation to receive approval to move the quality website to a state agency.

Melissa will send out e-mail and sample letter for those who want to write a letter of support.

Marcy Baran announced that Anne Hinton has been invited as one of 200 people chosen to attend the White House Conference on Aging in person at the White House, at which the President will speak.

WORKGROUP UPDATES –

SCAN constituent event –

Jacy Cohen and Kelly Dearman presented update on planning efforts. The event will be held on Friday, October 23, 1:00 - 5:30pm at main library. It will consist of 2 events. First is a forum on SF as an age and disability friendly city. Following a keynote speaker (to be determined), there will be breakout groups to identify concrete policy initiatives to carry forward. This forum will be followed by a reception. There will be a brief program and presentation of the inaugural Vera Haile award. The workgroup is proposing SFMT for the free muni program, and this will be formally discussed by steering committee. The goal is to attract a wide net of participants, and the group is currently putting together a mailing list now for a “save the date” notice. The Library is waiving costs of room rental and will also advertise the event. The hope is that DAAS and the Mayor will co-sponsor. If you have a website or newsletter where the information on the event can be included, let Rick Crane know. The group is hoping to have Gavin Newson and Mayor Ed Lee attend.

Legislative update –

Since LTCCC last met, the budget passed. News from national advocates is that there is concern about cuts to OOA funding in some areas. The congressional budgets are less than what President asked for.

Communications –

No report.

Age and Disability Friendly SF –

No additional report other than above.

Housing –

Bill Hirsh reminded group that the affordable housing bond will be on the ballot in November. There is consensus around amount, which is about 310 million. We need to work to make it happen; the measure will need 2/3 to pass.

Housing database portal is still in progress; currently going through staffing changes.

Anne Romero shared information about the Shotwell NOFA. There will be a minimum of 50 units at Cesar Chavez and 26th Street. 20% of the units will be homeless set aside.

Nominations committee –

There are currently 2 openings on the Council.

The nominations committee recommends switching Noah Lopez, currently in the at large slot, to Well Elder Service Providers slot, opening the at large slot. Sandy Mori will be moved to from Well Elders slot to Consumers and Caregivers: Older Adults.

We then have openings in Behavioral Health Services / Systems and At Large.

The committee is recommending Bernadette Navarro-Simeon, Clinical Director at Progress Foundation, for the Behavioral Health slot and Jeremy Wallenberg, Ground Floor Public Affairs, for the At Large slot.

As this is not on the agenda as an action item, the LTCCC will vote on these recommendations via e-mail. Melissa will send notice for vote to all members.

Finance and Policy –

The group continuing to work on middle income project.

Dementia Care Oversight Committee –

No report.

HIV and Aging –

Nor report.

Palliative Care –

Speakers’ bureau completed.

PRESENTATION – Behavioral Health Panel –

Cathy Spensley introduced the behavioral health panel.

Goal: A deeper understanding of continuum of mental health care in SF for older adult and people with disabilities.

Council recommends policies towards unmet needs, and how can we better coordinate services.

Start of a conversation, in a meaningful way

Mental health, like most health issues, in on a spectrum.

Prevalence within last year: National Institute of Mental Health, 4.1% SMI; 19% any mental illness CDC: 25% within last year; Lifetime prevalence 50%. Including dementia.

Behavioral health and dementia; TBI: Gaps exist in these areas.

System in flux, healthcare system with managed care.

In California, Specialty mental health is carved out from basic set of benefits provided by a health plan, and is managed by the counties.

Micro/Mezzo/Macro Perspective – The speakers will present from 3 levels, starting with micro, then mezzo, then macro.

Speakers are:

Carnella Gordon-Brown, ASW, Centralized Intake Manager, Geriatric Outpatient Services, Felton/Family Service Agency of San Francisco. (Micro perspective re: what behavioral health services look like for older adults and/or their caregivers trying to access services.)

Edwin Batongbacal, LCSW, Director, Adult & Older-Adult Systems-of-Care Behavioral Health Services, San Francisco Health Network, DPH. (Mezzo perspective re: what the SF public health system of care currently covers and what it does not, and its safety net role.)

Brenda Goldstein, MPH, Psychosocial Services Director at LifeLong Medical Care, a community health center serving Berkeley, Oakland and West Contra Costa County. Recognized leader in developing policies and programs to promote integrated primary care and behavioral health services. (Macro perspective re: state carve out, behavioral health in the era of managed care, and other policy issues.)

Carnella Gordon-Brown presented first, on the micro level of service delivery. Acknowledged the stigma associated with mental health issues. Most of the county clients are those with “severe mental illness,” which involves symptoms so severe that they interfere with quality of life, and they need our safety net. There is access to these services throughout the city; including shelters, MD offices, hospitals, residential treatment – a referral will be made to county services. The identified gaps are in the payment system, including managed care products.

Edwin Batongbacal presented second, on the mezzo level of service delivery. Edwin’s PowerPoint presentation is attached.

Brenda Goldstein presented third, on the macro level. She discussed the interaction of mental health and physical health, and therefore effect of functionality in society. Lifelong’s goal and encouragement to other providers is to promote mental health as physical health, and serve the whole person. She pointed out that the Affordable Care Act did not increase need. The needs have been there but the system has been inadequate. Now more people have coverage and are therefore seeking care.

Issues for the LTCCC include looking at policies and funding. She discussed funding as a function of realignment. It is currently basically a block grant that is capped. There is not enough funding, and it has therefore essentially excluded those with less severe needs.

How do we create a system of care for individuals? Through realignment. It is difficult to separate severe v. mild / moderate needs. Need to look at functional status rather than diagnosis only. Clients want to stay where they are receiving services, not move based on need level. Need collaboration on the local level, rather than silos of service and funding.

Increased case management in the community is needed. Need to realize that needs change over lifetime. Need to create many doors through which people can enter. Many will not go to a mental health clinic as may not see needs as mental health / mental illness. We need to strengthen the pathways of entry, and increase opportunities for services.

Primary challenge for seniors and adults with disabilities is availability of services. Need to develop specialized older adult programs. Suggest planning meetings with APS; developing and implementing referral systems. Providers need to collaborate and work together.

In older adults, depression can be masked by other things, therefore many seniors will show up in other systems. There needs to be screening, care received, centralized intake process, differential diagnosis. Encourage to think outside the box, take risks, collaborate.

**NEXT MEETING: Thursday, September 10, 2015, 1:00 – 3:00pm
1 S. Van Ness Avenue, 2nd floor, Atrium Conference Room**

**Regional Coalition Conference Call Summary
Thursday, July 2, 2015 – 9:30 to 10:30 AM**

9: 30 AM **CMS proposed rule on Medicaid managed care regulations**

<https://www.federalregister.gov/public-inspection>

Amber Cutler, Justice in Aging

Review and discussion

- CMS released a new set of rules for Medicaid managed care – these are the first regulatory changes in more than a decade. We may not see changes to the new rule for many years, so it's important for us to focus on integration of LTSS into Medicaid managed care.
- Justice in Aging has created an issue brief encouraging aging advocates to focus on particular pages. See <http://www.justiceinaging.org/> for the issue brief and for a recording of a recent webinar.

Webinar: <http://www.justiceinaging.org/webinar-medicaid-managed-care-rules-key-considerations-for-aging-advocates/>

Issue brief: <http://www.justiceinaging.org/medicaid-managed-care-rules-key-considerations-for-aging-advocates/>

- How CMS draft defines LTSS: leaves lots of discretion to states in defining and carrying out provisions of the rule. Justice in Aging encourages more specificity. California experience with SPDs, with rural care, and with CCI gives us a lot of experience to communicate to CMS.
- Person-centered care. Leads to issues of how to coordinate care
- Enrollment and disenrollment. California has experience with the need for improved notices; we believe that 14-day notices are not enough given California's experience that 90 days may not be enough for informed choice
- Appeals and grievances: CMS goal is consistency across insurance lines. Does this help various groups of consumers: because consumers have different profiles in CCI vs Medicare Advantage, etc. One result is the new rule would cause a loss of a state fair hearing that right now is immediately available. CMS asks for comment on this.
- Choice counseling is to be available before needing to choose. What kind of support is needed to make this work well?
- Network adequacy: several places to weigh in on
- A vague section on care continuity: Justice in Aging sees this as an area to provide input
- Idea of "rebalancing": eliminate incentives for institutional care; add incentives for home and community based care. This is a goal of CMS yet the language here is not particularly strong. Amber recommends attention to this section. How will rate setting contribute to rebalancing? Needs language about measuring rebalancing. E.g., are plans working on transitioning consumers from hospitals to facilities and from facilities to HCBS.
- Justice in Aging will circulate "template comments" in a week or two.

Request: please send call notes our quickly.

Question: Does the document define LTSS as California statute does?

Response: The document does not define LTSS narrowly – see sections 31141-31144. The document establishes a floor for services, but not a limit. (California statute has four required services.)

Question: what's the timeline for California obeying new rules, once final?

Response: The administration's goal is for these rules are in place before the next presidential administration. Once published, it's unclear what the timetable for state adoption will be. This may be a state-by-state lobbying effort – e.g., working on a state statute.

- Amber recommends more oversight from CMS, which in the current draft is not strongly spelled out.
- Template comments: draft that people can use when focusing on issues. A help with “where do I start?”
- Health plans will be focused on issues, as will California as a state agency; let's not lose the voice of the advocates and consumers in this.

Question: is TSF going to submit comments?

Megan Burke is heading up this effort; TSF will share its comments.

Coalition by Coalition Look: 2014 Accomplishments/2015 Projects Community Living Council of Nevada County

Ana Acton:

- Community conference is coming up July 29; Amber Cutler will be a plenary speaker. There will be speakers, workshops, etc. on aging and disability issues. Sample topic: “Care coordination in the age of managed care.” Ana hopes this will become an annual event. Focus will be around local understanding and action. All are invited: call 877-847-0499 for info.
- Area 4 Agency on Aging and the FREED Center for Independent Living are looking for ways to expand the ADRC into Yuba and Sutter counties. Nevada County has a long history of bringing providers together – it's a pattern not yet in place in Yuba and Sutter.

Upcoming coalition presentations

- August: Yolo Healthy Aging Alliance and Monterey Bay Aging and Disability Resource Coalition
- September: Senior Coalition of Stanislaus County and Service and Contra Costa Advisory Council on Aging
- October: Ventura County Evidence Based Health Promotion Coalition and Service and Advocacy Coalition

- November: San Mateo New Beginning Coalition and San Diego LTC Integration Project
- December: Santa Clara County

SCAN Foundation Update

- New regional coalition RFP is now available
- Please let other coalitions know about the RFP
- Let Kali know by July 20 if you plan to join a conference call about the RFP

The Optional Conference Call provides an opportunity for potential applicants to ask questions about the RFP. To participate in the call, please send an email indicating your intent to participate, including the name of your coalition, and any specific questions. Mail to: KPeterson@TheSCANFoundation.org no later than

Monday, July 20th (5pm PDT).

- Conference call is July 22 at 2 p.m. Pacific
- See the announcement for the timeline – see page 18 of the RFP
- Let Kali know if you have any issues with the FLEXX grant application system

Question: If we want to broaden our territory to include other counties, would we apply for one grant for more counties or a separate grant for a new coalition?

Answer: TSF has only provided grants to existing coalitions, rather than helping to establish a new coalition. In the instance of expanding your work, it would make more sense to use the Part B grant to assist with expansion.

Also see the policy brief and the perspective from Bruce Chernof, M.D., the CEO of TSF – these are good resources to share within your coalition.

Policy Brief: <http://www.thescanfoundation.org/system-transformation-california-coordinating-health-care-and-long-term-services-and-supports>

Perspective from Dr. Chernof: <http://www.thescanfoundation.org/perspectives-care-delivery-transformation-california-aligning-opportunities-capacity>

Kali Peterson: Thank you to regional coalitions for responding to a questionnaire about local health-plan advisory committees. Every Cal MediConnect health plan has a regional coalition member sitting on an advisory committee; and, 21 more plans have regional coalition members sitting on a health plan advisory committee.

Collaborative Update

- Communications workgroup request: media contact lists
- Conference call on July 7, 10 a.m.; further discussion of CMS proposed rule on Medicaid managed care regulations – any and all regional coalition participants are welcome to join the discussion: same call in # and PIN

- July 10 Collaborative meeting is on the CCI; special guest will be Sarah Brooks, new deputy at DHCS. All are invited to call in. Same # and PIN

The next calls, first Thursdays of the month, from 9:30 to 10:30:

- *August 6*
- *September 3*
- *October 1*

Participants:

Amber Cutler, Justice in Aging

Alameda County: Wendy Peterson, Tracy Murray, Patricia Osage, and Janet Van Dusen

Orange County: Christine Chow and Mallory Vega

San Francisco: Melissa McGee and Cindy Kauffman

San Diego: Jenel Lim, Brenda Schmitthener, and Lisa Hayes

Bay Area Senior Health Policy: Katherine Kelly

Riverside: Renee Dar-Khan, Paul Van Doran, and Lisa Hayes

L.A.: Tammy Nguyen and Anwar Zoueihid

Santa Clara:

Yolo: Sheila Allen and Fran Smith

Chico: Sarah May

Central Valley: Marlene Hubbell and Terri Deits

Stanislaus: Dianna Olsen, Erlinda Bourcier, Linda Lowe, Barry Smith, and Stephanie Navarette

Nevada County: Ana Acton and Ann Guerra

Monterey Bay: Patty Talbot and Olivia Quezada

Ventura County: Sue Tatangelo, Blair Craddock, and Monique Nowlin

San Mateo: Cristina Ugaitafa and Marilyn Baker-Venturini

Service and Advocacy: Jennifer Griffin

Co. Co. Co.: Gerald Richards

Santa Barbara: Barbara Finch

TSF: Kali Peterson and Rene Seidel

GACI: Jack Hailey