

HIV and Aging Workgroup Meeting Notes  
To Develop Policy and Recommendations on HIV and Aging to the LTCCC  
April 13, 2015

Present: Vince Crisostomo, Susan Langdon, Bill Hirsh, Tracy Parent, Kevin Hutchcroft, Harry Breaux, Loren Meissner, Michael Rouppe, Hanna Tessema  
DAAS: Melissa McGee

**Announcements –**

**openhouse Health and Wellness Fourth Friday**

**When:** Friday, April 24th – 3:00 to 4:30 pm

**Where:** Openhouse Community Room, 1800 Market Street, Room 306 – [Map](#)

**What:** *Managing Pain as We Age*

Pain can be scary, frustrating and over-whelming. The aging body can present unique challenges in managing pain. Chronic pain can get in the way of enjoyment of life. There are things you can do to start feeling better and take control of pain without relying on overuse of medications. Susan Langdon, RN will lead a group discussion on “Managing Pain as We Age”. Items discussed will include: acute and chronic pain; how the brain can influence our perception of pain; and strategies to better manage pain.

This health and wellness talk is free and brought to you by Openhouse, Stepping Stone, and Kaiser. Please join us.

**Presentation by Tracy Parent, SF Community Land Trust –**

<http://www.sfclt.org>

SFCLT is a membership-based organization whose mission is to create permanently affordable, resident-controlled housing for low- to moderate-income people in San Francisco through community ownership of the land.

Presentation to the group on SF Community Land Trust programs, especially on the creation / renovation of Marty’s Place, which is a group living situation for folks with HIV or AIDS. (Brochure attached.)

The SFCLT is focused on anti-displacement. The CLT buys housing where tenants are at risk for eviction, then renovates and develops an ownership model for the tenants. It currently owns 5 properties, with some additional properties pending. The city has a fund called the Small Site Acquisition Fund which assists in this process. Development is currently underway for Marty’s Place, which will house 9 individuals with HIV or AIDS upon completion. Move-in date goal is July 2015.

**Weiner April 1 Hearing Report Back –**

Supervisor Weiner held a hearing on people who currently have long-term disability based on their HIV status, and will lose that benefit when they reach retirement age, which will adversely affect their monthly income. This continues to be an area where there is opportunity for advocacy.

**Housing Issues –**

Housing subsidies have been approved by the city. Information at the AIDS Housing Alliance, <http://ahasf.org/>

**ACRIA May 2015 Training –**

Hanna provided information on the second 2-day training, which will be held on May 7 – 8 at DAAS, 2<sup>nd</sup> floor conference rooms. This training will be more hands-on than the March training, focused on sustainability activities. The first training included about 20 organizations; half HIV and half Aging providers. Hope to repeat that for this training. The goal is for HIV and Aging providers to work together in provision of services.

ACRIA is waiting to hear about funding for the needs assessment, and will report back.

**Hellman grant update –**

The proposal submitted for the collaboration grant was not accepted. Vince will follow-up with Hellman to find out why not. The group will continue to look for opportunities for funding.

**Proposed Presentations –**

Melissa will contact Angie Pratt, Alzheimer's Association, to speak on dementia and Moli Steinert, SteppingStone, to speak on Adult Day Health, SteppingStone, and the grant for outreach to LGBT and People with HIV and AIDS.

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Next meeting – Monday, May 11, 2:30 – 4:00pm  
Needs assessment subcommittee – Monday, May 11, 1:30 – 2:30pm