# HIV and Aging Workgroup Meeting Notes To Develop Policy and Recommendations on HIV and Aging for the LTCCC

## May 11, 2015

Present: Vince Crisostomo, Bill Hirsh, Kevin Hutchcroft, Harry Breaux, Loren Meissner,

Michael Rouppet, Matt Sharp, Chip Supanich, Erin Allday, Tom Nolan, Joe Ramirez Forcier, Tez

Anderson, Mick Robinson, Scott Haisuka

Presenters: Erin Allday, Moli Steinert, Ruth Gay

DAAS: Melissa McGee, Rick Appleby

### Presentation: Ruth Gay, Alzheimer's Association

Ms. Gay presented a general introduction about Alzheimer', dementia and cognit5ive impairment. Cognitive impairment is concerning when it affects the person's ability to live safely in the community. Important to look at what is causing the cognitive impairment: stroke, medication issues, dementia. Alzheimer's: look for "insidious onset." Importance of support of caregivers. "Concept of cognitive reserve." Dual role of isolation for people with HIV, earlier onset of aging issues and cognitive impairment. Need to emphasize appropriate treatment of coexisting conditions, social support and engagement.

#### **Presentation: Moli Steinart, SteppingStones**

Moli presented an overview of the Adult Day Health Center program. IN the tradition of "Continuum" in the 80s, ADHC can be a and important part of care for HIV +. Their nurse/patient navigator provides monthly workshops via Openhouse and individual consultations (Friday afternoons).

#### **SF Chronicle: Erin Allday**

Ms. Allday is working on a story on Long Term Survivors who are "off the radar." Focused on men but anyone can talk to her. She will get her contact information to the group.

#### Announcements

- June 13<sup>th</sup> Mental Health Fair, AHP, 1930 Market, 11 2pm. (Tez)
- ACRIA training tentatively June 11 & 12<sup>th</sup>, location to be determined. (Vince for Hanna)
- Dignity fund presentation at LTCCC, May 11, 1 to 3. (Melissa)
- Uptick in used syringes in some neighborhoods. Looking at issues and solutions (Vince)

Next meeting – Monday, June 8, 2:00 – 3:30pm 1650 Mission Street, 3<sup>rd</sup> floor, Policy Room