



# CREATING AN AGE AND DISABILITY FRIENDLY SAN FRANCISCO

To ensure that San Francisco is inclusive, diverse, and safe for all people, regardless of age or ability, so they are able to remain within the community of their choice as they age.

Locally, nationally, and globally, populations are aging at increasing rates and San Francisco is no exception. Currently one in five San Franciscans is 60 or older, these numbers are expected to increase as the Baby Boomers retire. Additionally, 4% or more than 35,000 San Franciscans are adults (18 to 59 years) with a disability.

There is a need to address both the benefits and the challenges that come with a rapidly aging population while recognizing what San Francisco already has done both to support and prepare for this growth, including:

## THE ADVANTAGES

- A diverse and engaged population
- One of the best public transportation systems
- A rich provider community
- A long history of advocacy
- Existing programs, such as free MUNI

## THE CHALLENGES

- Predominantly older housing stock
- Increasing housing costs
- A very hilly city
- A rapidly growing senior population

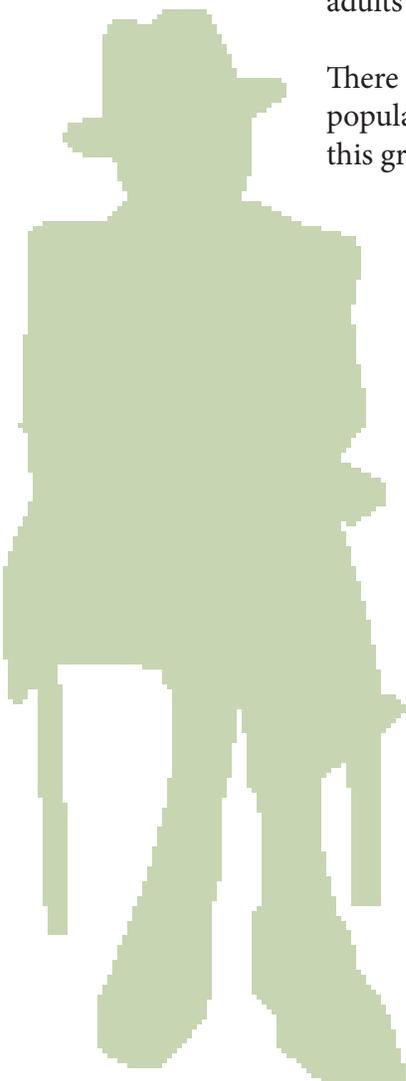
**GOAL:** To create, implement, and evaluate an Age- and Disability-Friendly Plan for San Francisco that includes a baseline assessment and recommendations.

## IN A NUT SHELL

At its core, an Age and Disability Friendly Plan will leverage existing resources and efforts, ensure that future investments, plans and programs incorporate an aging and disability friendly lens, and develop a framework that allows for tangible and measurable improvements for both community organizations and city agencies, ensuring that San Francisco is welcoming and accessible to all.

## FOR MORE INFO:

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# HOW DO WE GET THERE?

## KEY TENENTS

San Francisco's Age and Disability Friendly Plan is based on the World Health Organization's (WHO) model "Global Age-Friendly Cities Project", which defines an elder friendly community as:

"An inclusive and accessible community environment that optimizes opportunities for health, participation, and security, in order that quality of life and dignity are ensured as people age."

## DOMAINS TO CONSIDER

The WHO model is comprised of eight domains that focus on various aspects of the urban environment. Based on their framework, we'll focus on:

- Community Support & Health Services (Feb 8 & March 8)
- Engagement & Inclusion (April 12)
- Communication, Information, & Technology (May 10)
- Employment & Economic Security (June 14)
- Housing (July 12)
- Transportation (August 9)
- Outdoor Spaces & Buildings (Sept 13)
- Resiliency & Emergency Preparedness (Oct 11)

## DELIVERABLES

**BASELINE ASSESSMENT:** Based on the World Health Organization's model, develop a collaborative and comprehensive assessment of the current age and disability friendliness of San Francisco.

**DEVELOP RECOMMENDATIONS & ACTION PLAN:** Use baseline assessment findings to develop recommendations that are actionable, measurable, and sensitive to change.

**TIMELINE** 12-15 months

## TEAM

Task Force: 27 members representing the following categories:

- Consumers
- Providers
- Government
- Business community
- Academia

Domain specific experts & community members: members that are able to provide opinions, expertise and oversight on a specific areas or topics.

Monthly Meetings: The task force meets on the 2nd Wednesday from 2-4pm at SF City Hall room #201, meetings are open to the public.

## GET INVOLVED

If you care about ensuring that San Francisco is an Age and Disability Friendly City and have either time or expertise to contribute, please contact us!

To stay updated on our progress, please check out our website at [www.sfltccc.org](http://www.sfltccc.org), under Age & Disability Friendly Task Force.

