

Hospital Discharge Planning in the Bay Area

Austin Ord



Agenda

- Discharge Planning Overview
 - Regulatory requirements
 - Sutter Health patient assessments
 - Limitations: Patient inducement
- CPMC and San Francisco
 - ACE Unit and Senior Center of Excellence
 - SF Post-Acute Assessment
- Sutter Health Bay Area Partnerships

42 CFR 482.43 - Condition of participation: Discharge planning.

- Discharge planning basics:
 - Hospitals must have a discharge planning for ALL patients
 - The discharge plan must:
 - Include evaluation for self-care capacity
 - Evaluate medical post-acute needs



Sutter Patient Assessment

CARE COORDINATION	
Social Work: Initial Assessment	
Current Length of Stay: @FLOW	PCP: @PCP
Most Recent Discharge: @MHI00511 @MHI00511	
DISCHARGE PLAN OVERVIEW	
Expected Discharge Date: @FLOW8000042.LAST.2	
Expected Discharge Disposition: @FLOW82750002.LAST.2	
Transportation on Discharge: ***	
ASSESSMENT	
Primary Decision Maker/Contact: ***	
Reason for Admit: ***	
Patient/Family Assessment: ***	
Lives with: @FLOW(85020196.LAST.2)hidlabel	
Living Arrangements: @FLOW(85020187.LAST.2)	
Living Environment Comments: @FLOW(85020203.LAST.2)	
Financial Concerns: @FLOW(85020201.LAST.2)	
Transportation Available: @FLOW(85020202.LAST.2)	
Home Accessibility: @FLOW(85020196.LAST.2) @FLOW(85020199) @FLOW(85020200) @FLOW(850201750)	
Prior Level of Function: ***	
Mental Health: ***	
Substance Use: ***	
Risk Factors: ***	
Barriers to Discharge: ***	
Anticipated Referrals: ***	

Patient Assessment

- Goal: Identify patient needs for a safe discharge
- Connect to resources, identify gaps, and determine the patient safety risks



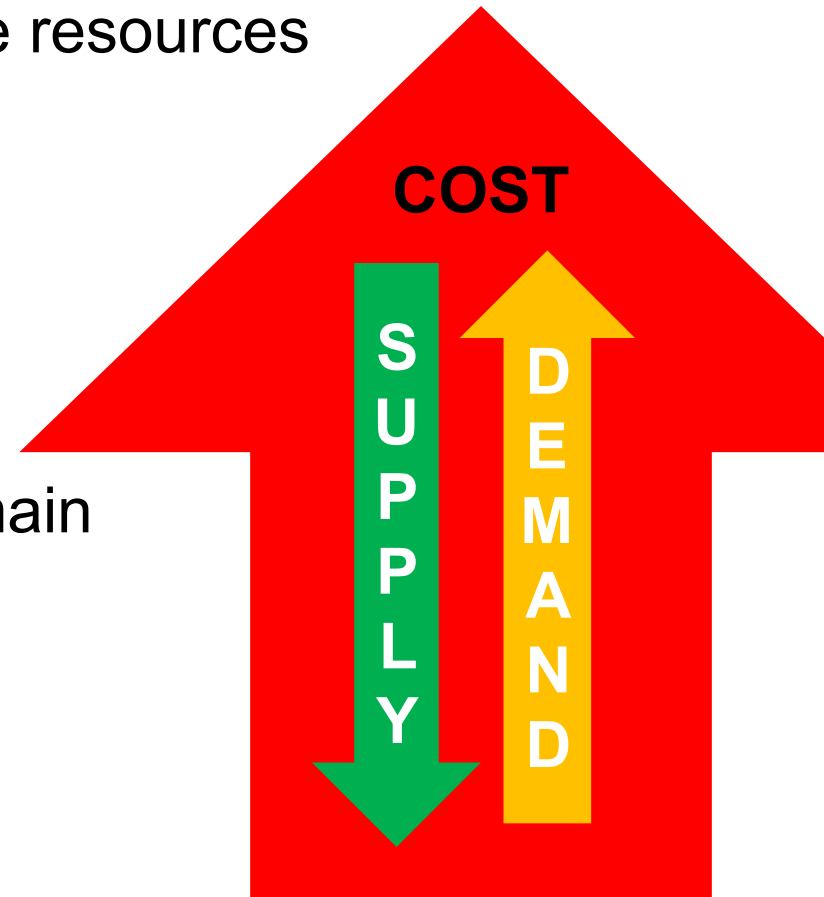
Patient Inducement

- Hospitals are limited in what we can provide to patients per HIPAA
- Hospitals are unable to furnish “gifts” that could sway a patient’s choice, even if there is a documented need
- <https://oig.hhs.gov/fraud/docs/alertsandbulletins/sabgiftsandinducements.pdf>



San Francisco Post-Acute Needs

- Decrease in available post-acute resources
 - Board-and-Care availability
 - SNF
 - Subacute
 - Shelters
 - Medical Respite
 - Acute Psych
 - Dementia Units
- Costly/inaccessible services remain



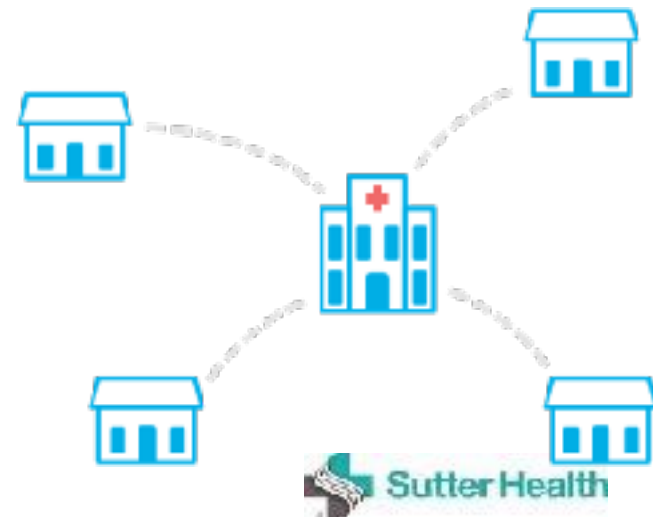
SF Post-Acute Assessment

- Hospital Council sponsored assessment to survey the post-acute resources in SF
- Presentation to the SF Health Commission about the crisis
- Taskforce convening in 2017 to develop action plans



Sutter Health Programs

- CPMC
 - ACE Unit at St. Luke's
 - Senior Center of Excellence
- Sutter Health Bay Area
 - Medical respite partnerships with housing programs
 - Shelter contracts
 - FQHC programs: Primary-care pathways
 - GIP and Hospice partnerships



Questions?