

Dementia Care Excellence Oversight Committee

Overseeing Implementing of San Francisco's Strategy for Excellence in Dementia Care

Department of Aging and Adult Services
1650 Mission Street, 5th Floor, Golden Gate Room

Monday, February 13th 10-11:30am

Present: Ruth Gay (chair), Michelle Tapia, Andrea Korsinsky, Mivic Hirose, Jennifer Shannon, Jason Flatt, Brooke Hollister, Susan Duong, Allison Domicone, Melissa McGee, Jill Nielsen, Cindy Kauffman, Edie Yau, Marcy Adelman, Rick Appleby, Victoria Tyryshlin, Cathy Spensley, Benson Nadell

DAAS Staff: Valerie Coleman

AGENDA

UPDATES:

LGBT Dementia Care Project

Edie Yau talked about partnership to develop curriculum with Family Caregiver Alliance and OpenHouse for social workers, caregivers, and others to learn cultural humility around LGBT Dementia. They have 19 trainings planned for the 2 year grant and will hold a summit at the end to report back and consider next steps and/or priorities after the grant. Through outreach, they have found a significant interest to communities outside of SF and since it's funded by DAAS, right now it's focused on San Francisco. Focused on training community based organizations, such as DAAS contractors, including Self Help for the Elderly and SF MTA, while also recognizing the need to tailor to specific agency/individuals. New legislation has required that RCFE's must have at least an hour of LGBT training, so this may be a great fit for that. They're planning a press conference on Feb 24th, to shine a spotlight on the new services for the LGBT aging population – led by Sup. Weiner and Sup. Sheehy. Will record the training eventually but not quite prepared to roll out and distribute. Recognition that the best way to offer cultural humility really is in person.

The Live Alone Project

Jennifer Shannon talked about this project, as partnership with Alzheimer's Association, OpenHouse, SF Village, and Little Brother Friends of the Elderly. Currently in their final year with 6 months left. Results so far include 40 referrals, 21 enrolled and now providing direct services using a "decision tree" algorithm in figuring out how to provide resources and identify needs. Technically made for providers and social workers, but can be used by the lay-person. The resource manual will be provided at next meeting and are now disseminating the project and have now shared with Hawaii, will present at the ASA Conference in March, and LeadingAge conference in May. Should have a presentation that can be shared by June 2017. Also working with San Mateo to create an application, that not only identifies the need but also pulls up local resources and organizations. Lessons learned: roughly 1 in 2 will accept the help; the building up of trust, often reaching through CBO's they are already working with, and need to re-engage the trust every time you meet with them, so get as much info from each visit as possible. This is a large and growing population.

The San Francisco Alzheimer's disease Initiative

Jennifer Shannon discussed this project, Alzheimer's Association is partnering with DAAS and this effort came out of the needs as identified in the task force report. Led by DAAS, evaluated by UCSF and partnering with the Arc, the project focuses on the developmentally disabled that have been diagnosed with dementia.

There are 3 parts:

- to train community partners (working with the Arc and Golden Gate Regional Centers) to build capacity (what is dementia, how do you work with it),
- training families and caregivers using the "Savvy Caregiver" template but also need to modify to best support this population,
- And to develop a support system, which will be different and meet the need of the caregivers within the community.

Still defining a lot of the metrics, the Arc is looking at nation-wide efforts. Grant is being done in LA and San Diego as well. Also, will be focusing on outreach to the Chinese community, which is the 2nd largest community in SF, by providing info and referrals, care consultations, and working with 5 agencies to help identify clients and provide resources and trainings. Also, the project has identified people living alone in the RAD housing community and is reaching out to them, specifically targeting the clients that have already been moved.

The Dignity Fund

Melissa McGee gave background and an update: the Dignity Fund is an initiative SF voted on in 2016 to develop a charter amendment to identify a baseline amount of funding for seniors and adults with disabilities. Working now to identify services for initial funding, after 2017 there will be a very specific process to allocate funding including a comprehensive needs assessment, gaps analysis and oversight body. The body overseeing this process is the Oversight Advisory Council and they have their first meeting on Feb 24th, which will follow up with a request for proposal (RFP). Goal is to get the funding out into the community by October and any money not spent will be rolled over into 2018. This is a 20 year charter and Melissa will send actual legislation to share with members (included with minutes).

The Optimizing Aging Collaborative (OAC)

Jill Nielsen gave an update, partnering with OAC (formerly called GWEP) and it's a large grant and led by Dr. Chodos, as well as others. The effort is focusing on early detection and intervention with individuals with dementia. They are rolling out procedures with adult protective services as well as the CQA nursing unit, and then hopefully to In-Home Supportive Services in September. Goal is to train social workers, nurses, and case managers on specific tools (such as the "mini-cog" and additional questions) and have them input that into an application that is shared. They are working with HSA's IT department to build an application, but there are limited resources when it comes to hands on programming. Looking to have own database – social workers have an app that they can do assessments. Currently, they need to develop standardized follow-up procedures.

DISCUSSION:

- **Submitting an LTCCC proposal:**

Valerie gave an update on the LTCCC budget/policy proposal process, what would the group like to focus on in the coming year. Was suggested to focus on the challenges around urgent care, such as a mobile unit or a step-down unit that could assess someone without sending them to the hospital, maybe focus on pain management and care management plan. Convene a group of folks that are interested in this topic as an outside workgroup, such as hospital systems, etc. Collaborate with Mivic (Laguna Honda Hospital) and Dr. Pierluissi (SF General Hospital), arrange some sort of a step down to be

the urgent response team. The short-term goal would be to identify what challenges would bubble up and learning where the gaps are.

For now, the small group that will move forward on this will be: Andrea, Mivic, Edgar, Cathy, Ruth, and Melissa

Also, is there a need to consider sustainability with regards to the projects discussed earlier? For example, with the Live Alone project, it's unclear if there's any funding after the grant runs out. The most successful aspect has been with working with the community partners – perhaps, the group could consider a very modified project, which is essentially building capacity through other partners to continue to serve these clients. Similarly with the LGBT project, it's unclear what will happen after the 2 year grant cycle. The ultimate goal is to increase capacity among all service providers to be more accessible to the LGBT aging and disabled to access services.

Additionally, workforce and attendant care is becoming a crisis – it is increasingly difficult to find skilled workers that can provide attendant care with the current wages.

- **State budget funding:** Rick gave an overview (handed out and emailed to group prior to meeting), Brooke Hollister also mentioned a couple websites and resources (such as the CA Long Term Care Ombudsman is requesting additional funding, new CMS requirement that anyone being discharged, facility must alert Ombudsman). The ADI-SSP grant came from \$13 million from ACA, with the dismantling of the ACA, that funding is threatened. After 2017, may not be any funding opportunity. Also threatened is the wellness check for seniors with cognitive. Ruth also shared the Alzheimer's Associations 2 bills that they're advocating for (handed out and emailed to group prior to meeting).

ANNOUNCEMENTS:

Michelle Tapia: the Dementia Committee of the VA is hosting a fair March 8th that will provide resources for caregivers and will also have a panel, talking about finances, advanced planning, conservatorship, etc. Will share flyer when available.

Rick Appleby: DAAS is working with the Optimizing Aging Collaborative on community trainings, and there's one this Friday, February 17th from 1:30-4:30pm, at UCSF Mission Hall room 1400, at 550 16th Street that is focused on elder abuse. Will send out flyer and training offered at no cost.

Edie Yau: mentioned a conference geared for professionals working with dementia which will be May 11th, including resources, and current research (will send flyer).

NEXT STEPS:

The Mobile Crisis Unit team needs to schedule a follow-up meeting (see above).

Next Meeting: Monday, May 8th 10-11:30am