

Harnessing the Power of our Collective Strengths: ACP + Palliative Care



Vision



HOMEBRIDGE



Human Services Agency of San Francisco
Department of Aging & Adult Services * Department of Human Services



SF PC Workgroup



Re-imagine

Agenda



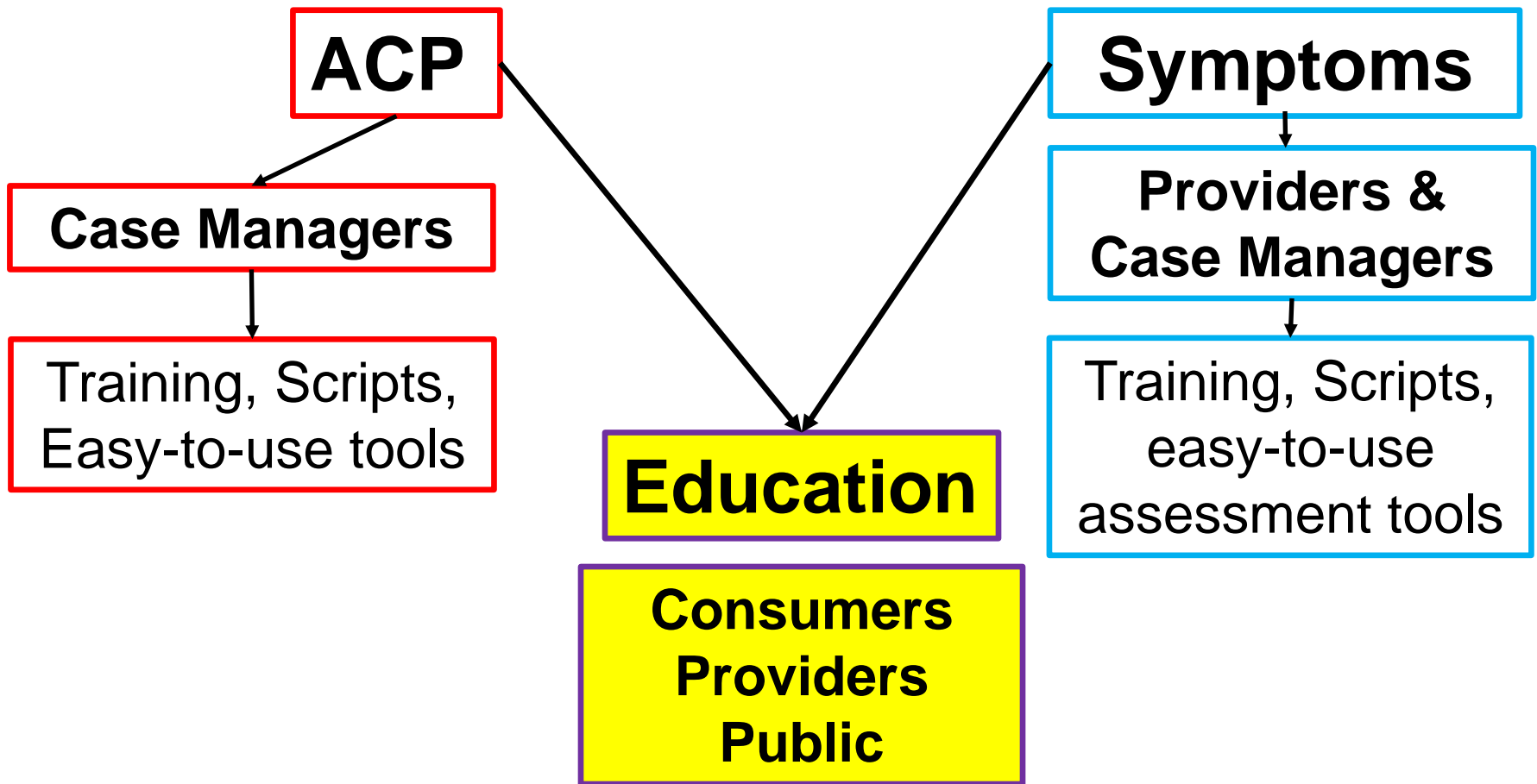
- Discuss our groups' collective strengths
- Discuss how to leverage strengths for Re-Imagine & National Healthcare Decisions Week
- Learn about Alameda's ACP + PC programs

Focus Groups

- 50 IHSS stakeholders in 10 focus groups
 - 25 administrators
 - 4 case managers
 - 13 in-home providers
 - 8 consumers



Big Picture



Harnessing our Strengths

- Public Authority and Thriving in Place



- Homebridge



- The PREPARE program



Public Authority



- Providers:
 - Train Registry Providers to start ACP conversation with Consumers.
 - Referrals & resources for Consumers to complete ACP
- Peer Mentors:
 - Ask Consumers about ACP when querying about social non-medical needs/wishes
 - Offer referrals & resources
- One Stop Center:
 - Self-directed and facilitated modules on starting the ACP conversation - independent and friend & family Providers
 - Referral and resource database

Thriving in Place



- Partnerships & Funding
 - Raise funds to support Provider training and public education on ACP
 - Develop partnerships
 - Training partners
 - Resource partners
 - Develop partnerships with Community and Senior Centers
 - Present facilitated modules on ACP
 - Provide resources
- Events
 - Produce panels/symposia that include ACP
 - Source panels/symposia that include ACP
 - Engage with existing events to include ACP

Homebridge



- HB Home Care Providers & ACP
- HB Client Service Coordinators & ACP
- HB Training Programs:
 - ACP
 - Palliative Care

PREPARE & ACP Education



Interactive, multi-media website prepareforyourcare.org



PREPARE



Welcome

View the PREPARE Pamphlet

Hide Menu

1 Choose a Medical Decision Maker

2 Decide What Matters Most In Life

3 Choose Flexibility for Your Decision Maker

4 Tell Others About Your Wishes

5 Ask Doctors the Right Questions

Your Action Plan

Welcome to PREPARE!

PREPARE is a program that can help you:

- make medical decisions for yourself and others
- talk with your doctors
- get the medical care that is right for you

You can view this website with your friends and family.



Click the NEXT button to move on.

NEXT



How to Ask a Decision Maker

PREPARE



How to Ask Someone to Be Your Decision Maker

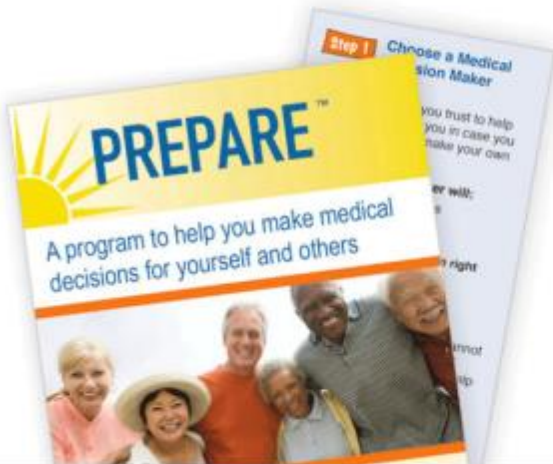
You can watch this video with your friends and family.



Show Menu

Free PREPARE Tools

Get the
PREPARE Pamphlet



Get the PREPARE Easy-to-Read
Advance Directive



PREPARE QUESTIONS

A guide to help people and their loved ones
prepare for medical decision making.

Easy-to-read advance directives

RCT:

- Double completion rates
- Overwhelmingly preferred

FREE

10 languages

<http://www.iha4health.org/our-services/advance-directive/>

Sudore RL et. al., Patient Educ Coun, 2007

California Advance Health Care Directive

This form lets you have a say about how you want to be cared for if you cannot speak for yourself.

This form has 3 parts:

Part 1: Choose a medical decision maker, Page 3
A medical decision maker is a person who can make health care decisions for you if you are not able to make them yourself. They are also called a health care agent, proxy, or surrogate.

Part 2: Make your own health care choices, Page 6
This form lets you choose the kind of health care you want. This way, those who care for you will not have to guess what you want if you are not able to tell them yourself.

Part 3: Sign the form, Page 11
The form must be signed before it can be used.

You can fill out Part 1, Part 2, or both.
Fill out **only** the parts you want. Always sign the form in Part 3.
2 witnesses need to sign on Page 12, or a notary on Page 13.

Your Name _____

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Gordon & Betty Moore Funding



California Advance Health Care Directive


This form lets you have a say about how you want to be cared for if you get very sick.

This form has 3 parts. It lets you:

- Part 1: Choose a medical decision maker, Page 3**
A medical decision maker is a person who can make health care decisions for you if you are too sick to make them yourself.
- Part 2: Make your own health care choices, Page 6**
This form lets you choose the kind of health care you want. This way, those who care for you will not have to guess what you want if you are too sick to tell them yourself.
- Part 3: Sign the form, Page 11**
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Your Name _____

 1



PREPARE as a Movie



Toolkits for creating movie events for libraries, churches, senior centers, group medical visits

→ NO TRAINING REQUIRED

Movie Toolkit Testing

→ NO TRAINING REQUIRED

- Senior Centers
- Group Medical Visits

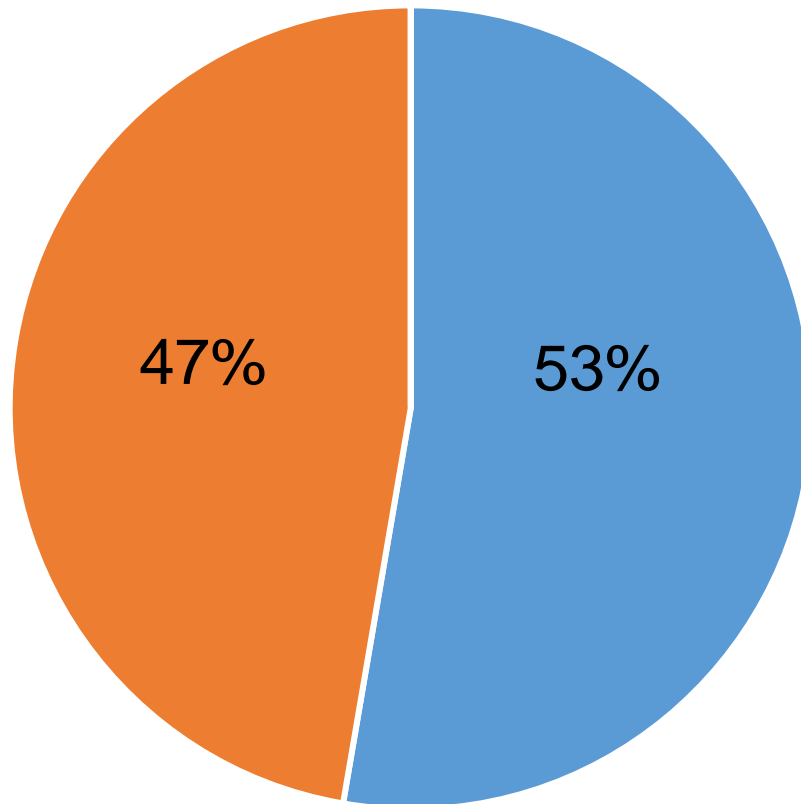


On Lok Lifeways RACE participants enjoy a day of arts and crafts.



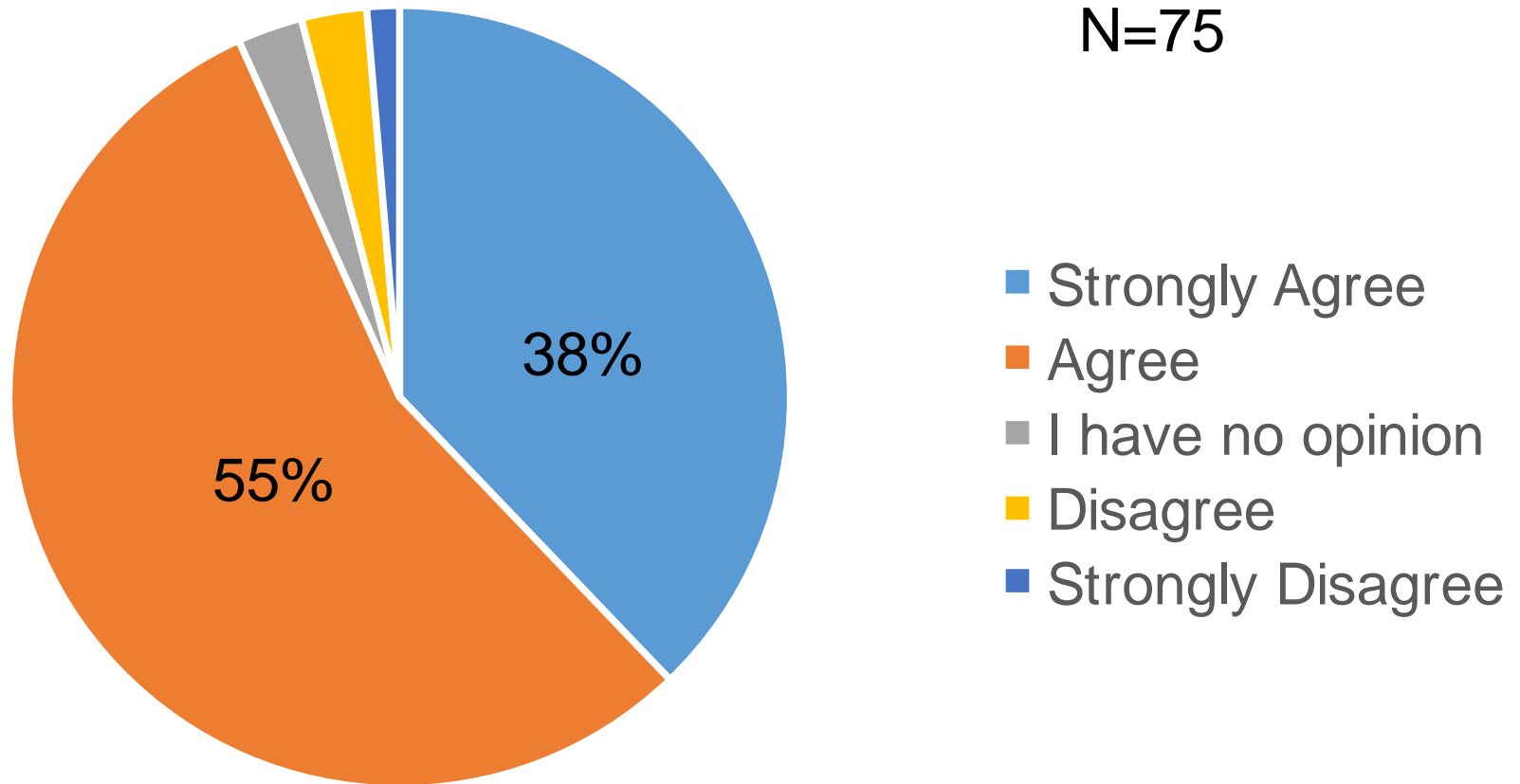
Senior Centers: The Videos were Easy to Understand

N=75

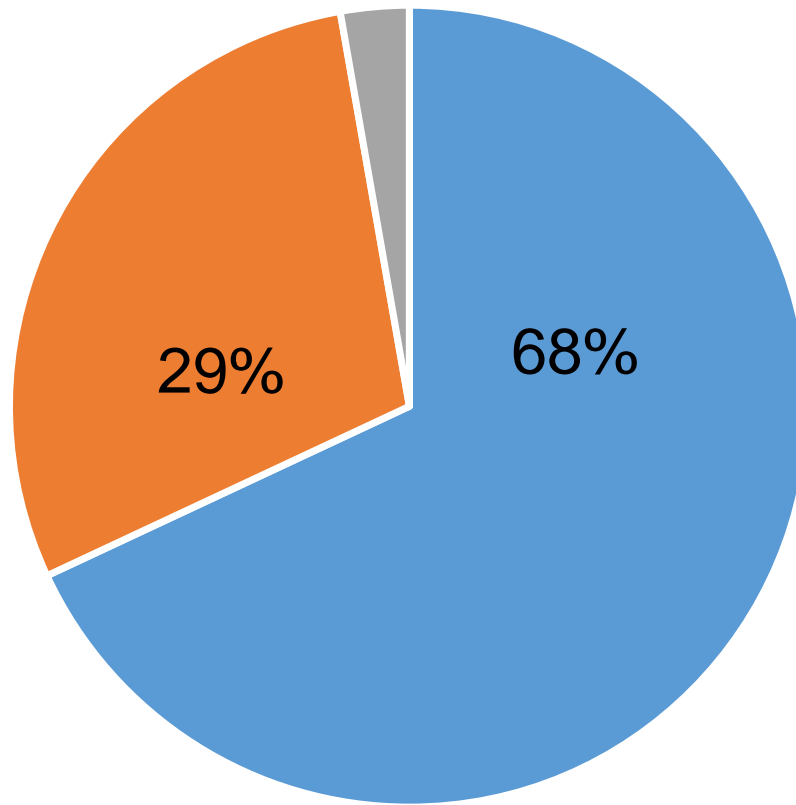


- Strongly Agree
- Agree
- I have no opinion
- Disagree
- Strongly Disagree

Ready to answer questions about preferences for medical care



Recommend session to friend or family



N=75

- Strongly Agree
- Agree
- I have no opinion
- Disagree
- Strongly Disagree

Group Medical Visits SFGH, n = 22

- Pre-to-post: 1 week
 - Surrogate designation 48% to 85%, $p = 0.01$
 - AD form completion 9% to 24%, $p = 0.21$



Collective Strengths

- Established:
 - Consumer Seminars
 - Provider Seminars/training programs
 - Peer Mentors
 - Established, easy-to-use materials
 - Access to libraries, churches, senior centers, other programs

Brainstorm Possible Plans

- Re-Imagine & National Healthcare Decisions Week
 - Consumer Education
 - Provider Education
 - Provide easy-to-read tools
- Coordinate with SF PC Workgroup Events