

Palliative Care Committee Minutes

Thursday, 5th 2:00 – 3:30pm

1650 Mission Street, 5th floor, Golden Gate Conference Room

Present: Ramona Davies, Jeff Newman, Rebecca Sudore, Redwing Keyssar, Heather Harris, Bill Verducci, Chris Strayhorn, Kelly Dearman, Sarah Garrigues, Anne Hughes, Eric Weiss
Terry Hill
(Phone) David Zwicky

DAAS Staff: Valerie Coleman, Shireen McSpadden, Christine Ritchie,

Introductions.

Presentation: Community organizing around advanced care plans in SF & Alameda County (presentations available on website)

Rebecca Sudore introduced the intention around this presentation – finding ways to collaborate, highlight great work doing both in SF and Alameda County and if there are ways that this can inform the (Re)Imagine event.

Kelly than introduced SF IHSS-PA including what they do, who they serve and briefly how their population is unique when considering advanced care plans. Kelly also discussed Thriving in Place, which can be seen as a “friend of SF IHSS-PA” and is able to accomplish additional projects, education, and outreach.

Mark introduced Homebridge, including their clients, the work they do, and how they relate with regards to services. He also discussed that, while they’re open to reconsidering, they think that educating and engaging case managers around advanced care plans (ACP) would have more of an impact than the IHSS workers.

Rebecca discussed PREPARE: an online tool for developing advanced care directives, are free and geared towards the community, such as cultural and language.

Marilyn Ababio gave an overview of Alameda County’s including a menu that provides a quick and easy access to services, a list of hospice providers, and then focused upstream from hospice. Their team realized that they had to find ways to get people comfortable talking about end of life; from that, pulled together a hospice care providers in order to share the benefits and offer community based outreach and education. Also, working on creating ways to fund their care module. Also, highlighted their focus on a community based approach, such as their “No One Dies Alone” program which has a partnership with Highland Hospital and the Venita (sp?) house, which is a hospital step-down facility. Serve 22,000 IHSS workers and train their chore providers, which is another 22,000 people. Currently have a client base of about 500 people.

Wanda Ferguson from Alameda County discussed the Care Partners program, which helps IHSS recipients stay in their homes, thru interventions such as coordinated care approaches.

Rebecca noted that the work Marilyn and Wanda is doing is what the SF partners, Rebecca, Kelly, and Mark, have talked about wanting to do – really appreciate that they have laid the path that this group hopes to follow.

Action Item: Recruitment of bereaved families from vulnerable populations for cognitive testing.

Christine discussed a SF and Alameda County needs assessment that is being led by Joan Teno and a survey by the Rand Corporation focused on the end of life experience, particularly for people’s loved ones.

Was asked by Joan for the following guidance: need to test these surveys to make sure they sound right, are culturally aligned, use the correct language, etc. So, if anyone in this group knows people who have experienced the loss of a loved one, if they’re willing to take these surveys as a sample. Especially interested in vulnerable populations, such as other languages, low-income communities, etc. It’s essentially a “think out loud survey” – when the survey is used, does it make sense and to be able to provide real time feedback. It’s predicated on the National Bereaved Survey and focuses on domains that we think will be particularly relevant such as access to care, symptom control, treated with respect or asked about preferences, etc. It’s about 40 or so questions and asked to give feedback on questions, so actually not taking the survey. Looking for English, Spanish and Chinese and unclear if it’s a paid opportunity.

Christine will ask Joan about whether there’s any reimbursement, how many participants they need, and how far back the death should have been.

Update: (Re)Imagine

Rachel gave an overview to start, including:

- reaching out to members regarding outreach,
- research focused on marketing and outreach on behalf of IDEO and outreach by members of the Palliative Care workgroup thru focus groups or informal interviews (now thru the end of November),
- develop event strategy including lead neighborhood organizations (to be completed by October), city leaders, and media,
- Initiate contact with community partners (November and ongoing),
- In-Person meetings, where Rachel can determine if organizations want to host events, support outreach, provide a space, etc.

Rachel handed out a draft email/notice that Pal Care members can reach out to potential organizations or contacts. She would really like feedback and thoughts on this.

There is also a website, www.letsreimagine.org and a short video.

Comments: was some concern about using the term “festival” to describe this, feels like it describes a different type of event. Was it used last year? (was a “citywide conversation”) Also, questions about why ELC and Palliative Care group are reaching out to separate groups for the marketing and outreach focus groups – Rachel will follow up, assumptions that they will be appreciative of any community outreach for focus groups. Marilyn mentioned ensuring that transportation is considered and addressed, such as working with care facilities. Shireen offered that DAAS could help support that.

What type of events do we want?

Rachel suggested a couple events, such as an ACP learning stations or culturally specific end of life traditions workshops/events. Asked the group to share what types of events they would like to see:

- Have conversations with consumers about how they see end of life, as a way to get input or feedback from the community – like an open mic in the Tenderloin;
- Ways to start this outreach/conversations with the faith based community to be involved and talking about this, so that they’re able to bring this into the congregations leading up to the event and afterwards;
- Rachel talked about art that engages end of life, she’s working with the Creative Aging and also wanting to ensure that there is a discussion about Alzheimer’s and end of life care

Announcements.

Next Meeting: Friday, November 3

2-3:30pm

1650 Mission St., 5th floor, Golden Gate conference room

All meeting information can be found here: <http://www.ltccsf.org/palliative-care>