

2	A. Promote health services to be thoroughly inclusive by incorporating a cultural humility approach to race, ethnicity, sexuality, and disability/ableism.	Identifying data collection practices, policies, and training among hospitals and clinics.								
		Identify and promote best practices in hospitals with policies and/or training that directly address culturally humility.								
		Develop a pilot program or program to test out services, ensuring that they are accessible, culturally appropriate, etc.								
	B. Ensure that all essential medical equipment is available to those who need it.									
	C. Prioritize addressing the needs of unique populations.	Prioritize, develop, and support programs that prevent isolation for caregivers and people with dementia.								
		Ensure that needs of younger adults with disabilities are addressed and considered, such as offering access points that are not housed within senior centers.								
		Ensure that outreach, services, and program options are available for people living alone with cognitive impairment.								
	A. Expand services and support for caregivers, to ensure that seniors and adults with disabilities are able	Address the current home care workforce crisis, which includes wages, benefits, and lack of eligible workers.								
		Provide respite support and options for caregivers.								
		Strengthen the training and capacity of social service providers to recognize, engage, and provide family								

3	to live as independently as long as possible.	caregivers referrals to services within the community.								
		Implement a range of effective caregiver support strategies to better address the multiple needs of informal caregivers.								
	B. Develop meaningful partnerships with local universities and volunteer based organizations to recruit volunteers and interns.	Streamlining the volunteer or internship process.								
		Making efforts to work across departments.								
		Engaging local nonprofit partners.								
	C. Develop education and training for staff to better identify early stages of dementia and ensure that clients are referred and connected to relevant medical and social services.									
	4	A. Ensure that there are community supports available for hospitalized persons transitioning home. Projects can include:	1. Assessing and proposing specific support for people with cognitive impairment.							
			2. Ensuring that caregivers and family members that are supporting the patient and assisting with the care plan are included.							
			3. Assessing and supporting services for people that need minor home modifications or temporary in-home support in order to remain independent.							
B. Develop a community services master plan that complements the Health Care Services Master Plan, and serves to connect residents with services with services appropriate for their need and level of independence.		Facilitating collaboration and opportunities to link the Health Care Services Master Plan and community based services.								
C. Look for places where technology and social services can collaborate more efficiently, allowing people to live independently. Move to Comm, Info & Technology?		Training and education for people to access and learn to use technology.								
		Ensure technology services remain affordable.								
	All efforts should be informed by the community.									

5	A. Address the discrimination LGBT seniors face in residential care facilities.	Through trainings, incentives, and education.								
	B. Ensure that seniors and adults with disabilities living in residential care facilities have a surrogate decision maker.	Assess and propose specific support for people with cognitive impairment.								
		Ensure that caregivers and family members that are supporting the patient and assisting with the care plan are included.								
		Assessing and supporting services for people that need minor home modifications or temporary in-home support in order to remain independent.								
6	A. Promote and support choice for end of life care. Actions may include:	Developing a resource directory, educational opportunities, and outreach strategies that focus on palliative care services.								
		Raise the awareness for the need of an Advanced Care Directive & end of life discussions through education, outreach and events.								
	B. Support community based ("holistic") case management programs navigating a range of services, programs, and connection.	Support may include coordinating; facilitating paid caregivers; identifying and/or coordinating enrichment services; nurses, doctors, and medical appts; health and wellness services; community based programs; and transportation services.								
7	A. Ensure that community efforts, city agencies and non-profits organizations are collaborating when developing plans.	The Age and Disability Friendly effort could support the work of the Health Care Services Master Plan.								
	B. Combine/repurpose senior center and community centers. (WC) Support innovation and integration of community centers.	Assessing overlap of services								
		Developing and implementing intergenerational programming similar to community center models.								
		Inclusion of wellness and social programs for younger adults with disabilities.								

		Increased access to food and other services.								
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Engagement & Inclusion			SMART Actions include:							
1.	Seniors & people with disabilities have opportunities for civic participation & volunteering.									
2.	Public & private policies & programs are inclusive & accessible.		Specific: tangible next steps							
3.	Programs exist that reduce & address isolation.		Measurable: how will we determine success?							
4.	Efforts are made to integrate generations & cultures.		Attainable: partners and/or resources required or available							
5.	Ableism & ageism are addressed through public & private efforts.		Realistic/Relevant: addresses a gap							
6.	Localized community networks that provide engagement & support for seniors, people with disabilities, & caregivers.		Time Bound: timeline; ensure both short and long time recommendations							

Goal	Recommendation	Original Action	Edited Action	S	M	A	R	T	Project Type	Notes
1	A. Create and offer trainings that promote participation of seniors and people with disabilities on commissions, boards, and other existing civic participation opportunities.	Develop a focused effort for people with disabilities specifically to participate on government related bodies and commissions.								
	B. Identify and support or develop a platform that matches volunteers appropriately with existing volunteer opportunities.	Exploring existing programs and incentives to promote engagement (such as Senior Corps).								
		Partner and support existing volunteer matching sites or organizations, ensuring that they are inclusive and accessible.								
	C. Create a disability center that is culturally inclusive and builds community among people with disabilities, as well as the greater community.									
	D. Assess and increase participation for people with disabilities to vote.	Identifying what current voting efforts exist.								
		Assess the challenges and barriers people with disabilities face when voting.								
		Identify and implement strategies that aim to increase voting among people with disabilities, which may include increasing capacity for mail-in ballots and assessing the accessibility of voting equipment and locations.								
		Integrate the needs of people with dementia into comprehensive planning processes .								

	<p>street calming measures and address critical safety issues.</p>	<p>Further research and possible support towards targeted congestion pricing practices in particularly crowded streets</p>																			
		<p>Support efforts to install automated speed enforcement cameras</p>																			
		<p>Law enforcement of pedestrian right of way laws, particularly with regards to "hot spots" where there is increased pedestrian injury or fatalities.</p>																			
4	<p>A. Recommend policies and practices that encourage transparency while also allowing innovation</p>	<p>Support local efforts that require the California Public Utilities Commission (CPUC) to share accessibility data and the number of rides with regards to the transportation network companies (TNC's).</p>																			
	<p>B. Address the impact of transportation network companies (TNC's) on seniors & people with disabilities through policy or practice.</p>	<p>Support efforts that improve the accessibility or address the negative impacts of TNC[2]'s with regards to seniors and people with disabilities including ensuring that any feasibility study specifically includes both people with disabilities and seniors;</p>																			
		<p>Assess the viability of requiring driving training for TNC drivers</p>																			
	<p>C. Ensure that private transportation options are equitable and accessible,</p>	<p>For on-demand transportation (such as taxi's, carshares, and TNC's) that do not offer accessible accommodations, consider the feasibility of requiring accessible vehicles and/or options;</p>																			
		<p>In lieu of accessible vehicles, consider charging a fee that would go towards increasing the capacity of Paratransit or other accessible transportation services;</p>																			
	<p>Explore ways to increase accessible taxi vans through incentives, such as: providing maintenance subsidies, subsidizing accessible vehicles, such as ramp taxis, or providing a per trip subsidy, with the goal of bringing the costs of ramp taxis to be the same as sedan taxis.</p>																				
	<p>Recognizing and supporting the need of disabled parking for those who need it, either as public spots or within new transit oriented developments.</p>																				

