

## **Palliative Care Work Group Minutes**

Friday, May 4<sup>th</sup> 2:00 – 3:30pm

1650 Mission Street, 5<sup>th</sup> floor, Golden Gate Conference Room

**Present:** Shireen McSpadden, Jeff Newman, Anne Hughes, Megory Anderson, Loren Pogir, Kelly Dearman, George Kellar.

(Phone) Sarah Garrigues, Rachel Main, Chris Strayhorn.

**DAAS Staff:** Cindy Kauffman, Joseph Formentos.

### **Introductions.**

#### **RECAP: Re:Imagine**

Kelly began recap by asking group to offer any high-level observations and share any useful feedback about the End of Life event week. Going over the handout, Kelly listed total number of events as well as total number of attendees which rounded off to 9,000 people (figures gathered via RSVPs or in-person sign-ins). Smaller events saw participant count range between 1 to 50 and 700 to 1,000 for larger events. Due to event and participant variance, one group member suggested to be careful with overstatement of attendee numbers.

Kelly highlighted other events around the city such as the Advance Care Planning library workshops and presentations at Self-Help for the Elderly locations as well as at the African American Art and Culture Complex. Overall turnout to be applauded, even though there could have been more community involvement—it was still a learning experience.

Moreover, older adults sharing stories about their life experiences offered opportunity of what to expand on more around other San Francisco neighborhoods especially in multiple languages. The goal of sharing stories would encourage discussion about what they want or how they feel towards end of life.

Some questions for next year include: Should we have more events? Should we have more targeted events? How can we improve community outreach?

Other members' feedback comments included:

- Strategically, for future End of Life events, one group member felt co-branding could use more visibility when defining agendas of Palliative Care Workgroup versus Re:Imagine.
- While the website event information was great, accessibility to filtering out what to look for could use work. Physical copies of events schedule became a popular request for individuals looking to participate; additionally, trying to RSVP online only was another challenge.
- Event diversity could use increase and improvement in multi-cultural and multi-language performances/presentations for different SF communities.
- Questions about librarian facilitation to follow linear steps of PREPARE workshop guide about medical wishes and how facilitator to re-direct conversation when it steers away.

- Another group member who was part of hosting internal events did not have attendance sheets to gather lists of e-mail addresses and was unaware of plans for long-term evaluation from participants. Workgroup wondering if these evaluations will be shared?
- Library workshop promotion deserved at least a month's notice where it could have been marketed with flyers in clinics and community health centers.

Megory continued recap by mentioning Conversation Sabbath and how city congregations would speak about End of Life, however, the follow-up on certain conversation expectations seemed unclear to some congregations. Additionally, in case clergy members from congregations could not answer end of life form questions, it would be favorable to have Re:Imagine representatives at community centers or public libraries available to help fill out forms. Likewise, congregations could collaborate with clinician field by emphasizing conversations with physicians about advanced directives, health care proxies, etc.

**Comment:** does Palliative Care Workgroup get shared access to database of registered attendees?

Group was unanimously grateful for Rachel's hard work and look forward to adding more feedback at next Palliative Care Workgroup meeting where Rachel is expected to provide more in-depth reporting on events.

**UPDATE: Transform Care**

Loren first explained bigger picture idea to identify core values of Workgroup that could then determine key initiatives with the most impact, as well as uncovering other difference-making aspects with the criteria used.

First phase, which is underway-- Loren to interview 15 workgroup members:

- 3 interviews completed.
- 10 more scheduled until June 1.

Loren also hired on an intern to assist with first phase of project to help schedule interviews, take interview notes, and support with the research.

(Loren will report back next Palliative Care Workgroup meeting about findings.)

Other research being conducted-- looking to learn the best practices from other workgroups in similar fields and identifying exemplars of what is and is not working within those groups, or even considering exemplars from Pal Care workgroup.

She was thinking of how to engage all members of workgroup, even members who do not attend, maybe with a survey to capture input of what to focus on. Nate Hinerman and Ramona Davies—recommended contacts for interviews/research.

**UPDATE: Stupski task force**

Loren revealed Stupski foundation providing a potential fully 3-year planning funding for DAAS to setup a resource directory. Stupski foundation interested in partnering with Dolby Family Fund for funding grant and proposal currently being drawn up to attract a larger network of other foundations. Loren finished grant summary and will take proposal to Stupski foundation board meeting in the coming weeks.

Shireen mentioned that user group would vary from DAAS staff, providers, caregivers and members in the health care field. Intention is to design something interactive to guide individuals with having family discussions as well as a tool for physicians and health plans to use. Ultimately, resource directory should offer wider range not only for Palliative Care services, but also for other services that DAAS provides. It would be a public and private collaboration that eventually should be housed at DAAS for the first three years and afterwards, with budget adjustments, figure out how to maintain it with more support from other entities.

Resource directory idea spawned from interviews where staff advocated for, while keeping in mind, the social workers and care navigators who would benefit from using a dynamic directory. General agreement on common elements however one suggested feature included an upfront questionnaire assessment that helps direct client to what resources/services they need. Resource directory would follow citywide standardized requirements, which you can add on other elements later.

Shireen reminded group of call-in/walk-in accessible sites within community network known as Aging and Disability Resource Centers (ADRCs) throughout the city, including DAAS Intake Hub, which has multiple language capacity to connect clients to numerous resources and provide dozens of services.

**Announcements:**

N/A

**Next Meeting:** Thursday, June 7<sup>th</sup>

2-3:30pm

1650 Mission St., 5<sup>th</sup> floor, Golden Gate conference room

**All meeting information can be found here:** <http://www.ltccsf.org/palliative-care>