

## LTC System & Policy Recommendations

December 13, 2018 LTCCC meeting

Members and guests then formed into small groups (by topic areas) to compose 1-2 policy statements at that broadly define support to LTC System as a whole. Each group discussed development of potential broad based policy statements and shared the following with the whole group:

### Topic Areas:

- **Behavioral Health:** We support referrals and access to services at the right place, time and frequency; integration of service providers, case managers and clinicians providing referrals, mental health, education, training, substance use treatment; expansion of eligibility for community members with organic brain disorders (i.e. dementia) and/or not considered severe enough and/or are isolated in the long term care system.
- **Care Navigation:** In an effective long-term care system, care navigation processes will be integrated and accessible to all residents.
- **Health Care:**
  1. We support an integrated person-centered care planning and assessment process across all settings to assure continuity of care for older adults and persons with disabilities, and
  2. We support the maintenance of a practicable level of functioning across health care systems including home and community based settings for older adults and persons with disabilities. Keywords: integration and coordination.
- **Housing:**
  1. In an integrated Long-Term Care System, aging adults and people with disabilities will have access to housing options that respond to changing needs, and
  2. All housing, new and current, will be informed by Long Term Care best practices
- **Nutrition:** We support improving access to nutrition programs that meet the daily nutritional and special dietary needs of older adults and adults with disabilities within the long term care system.
- **Personal Health:** In order to provide integrated medical, emotional, and physical support to the San Francisco Seniors and people with disability to remain in a least restrictive living environment, LTCCC will recommend:
  1. A creation on a Federal and State level a comprehensive plan [checklist] for independent assisted living where people are annually assessed and evaluated on their needs and provided with comprehensive case management.
  2. A review on a Federal and State level the Asset Limit for people to qualify for Medi-Cal. People are living longer and the needs are different as they continue to reside in their own home [less restrictive living environment] and it is important to review the needs and look at services that can be covered by Medi-Cal like assistive technology. The asset limit for allowing recipient to maximize their capacity to live in their own home.
- **Social Engagement:** In an integrated long term care system, people with disabilities, older adults, and caregivers have access and opportunities that foster meaningful social engagement.

- **Transportation:** The LTCCC supports an affordable, reliable, safe and accessible transportation system, by actively participating in, and providing expertise to, current state and city transportation initiatives.
- **Workforce:** To ensure that the Long Term Care needs of San Francisco are met, the LTCCC should advocate for sustainable career paths, supported by a system of workforce training, education, and mentorship that allows for professional development, and includes and integrates a variety of life experience from the continuum of care, so that older adults people with disabilities, and caregivers are adequately compensated and can age with dignity.

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